**Supplementary Table 1.** Moderating Effect of General Self-Efficacy on Impact of Pregnancy Stress on Preterm Birth Risk ($N$ = 196)

| Variables | Model 1 | | | | Model 2 | | | | Model 3 | | | | Model 4 | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | B | SE | β | t ($p$) | B | SE | β | t ($p$) | B | SE | β | t ($p$) | B | SE | β | t ($p$) |
| Age | .05 | .02 | .21 | 3.03 (.003) | .03 | .01 | .12 | 2.09 (.038) | .03 | .01 | .12 | 2.08 (.039) | .04 | .01 | .15 | 2.58 (.011) |
| Edu[†] | − .25 | .20 | − .09 | − 1.23 (.203) | − .26 | .17 | − .10 | − 1.56 (.120) | − .24 | .17 | − .09 | − 1.44 (.153) | − .23 | .16 | − .09 | − 1.43 (.154) |
| Edu[††] | − .87 | .93 | − .06 | − 0.93 (.352) | − .90 | .79 | − .06 | − 1.14 (.256) | − .85 | .79 | − .06 | − 1.08 (.280) | − .80 | .77 | − .06 | − 1.05 (.295) |
| Occu | .00 | .15 | .00 | 0.02 (.982) | .03 | .12 | .01 | 0.21 (.830) | .00 | .13 | .00 | 0.04 (.973) | − .05 | .12 | − .03 | − 0.44 (.659) |
| GA | .01 | .00 | .27 | 3.72 (< .001) | .01 | .00 | .26 | 4.25 (< .001) | .01 | .00 | .26 | 4.28 (< .001) | .01 | .00 | .27 | 4.51 (< .001) |
| PS | | | | | .50 | .06 | .50 | 8.75 (< .001) | .49 | .06 | .49 | 8.76 (< .001) | .42 | .06 | .42 | 7.01 (< .001) |
| sGSE | | | | | | | | | .08 | .06 | .08 | 1.48 (.140) | .08 | .06 | .08 | 1.37 (.173) |
| PS × sGSE | | | | | | | | | | | | | .18 | .05 | .20 | 3.37 (.001) |
| F ($p$) | 8.25 (< .001) | | | | 22.36 (< .001) | | | | 19.06 (< .001) | | | | 19.52 (< .001) | | | |
| R² | .18 | | | | .42 | | | | .42 | | | | .46 | | | |
| adj.R² | .16 | | | | .40 | | | | .40 | | | | .43 | | | |

Durbin–Watson = 2.07, Tolerance = .84~1.00, VIF = 1.02~1.25.

adj = Adjusted; Edu = Education; GA = Gestational age; sGSE = Standardized general self-efficacy; Occu = Occupation (1 = have); PS = Pregnancy stress; SE = Standard error; VIF = Variance inflation factor.

[†]1 = High school.

[††]1 = Junior middle school.