

Supplementary Table 1. Demographic Characteristics of Study Population

(N = 98)

Characteristics	n (%)	M ± SD
Age (yr)		26.76 ± 2.79
Gender		
Woman	98 (100.0)	
Marital status		
Unmarried	91 (92.9)	
Married	7 (7.1)	
Parental status		
No children	93 (94.9)	
Have children	5 (5.1)	
Educational level		
Associate's degree	1 (1.0)	
Bachelor's degree	87 (88.8)	
Master's degree or higher	10 (10.2)	
Work experience (yr)		
< 1	6 (6.1)	
1~5	66 (67.3)	
5~10	23 (23.5)	
≥ 10	3 (3.1)	
Shift type		
Rotating shifts	37 (37.8)	
Fixed night shifts	61 (62.2)	
Number of assigned patients		
Medical/surgical		9.97 ± 3.02
Intensive care		2.33 ± 0.48
Emergency room		12.33 ± 3.06
Working unit		
Medical/surgical	68 (69.4)	
Intensive care	27 (27.5)	
Emergency room	3 (3.1)	
Nursing care model		
Functional method	3 (3.1)	
Team nursing	48 (48.9)	
Total patient care	38 (38.8)	
Mixed-type	9 (9.2)	
Hospital type		
Tertiary hospital	89 (90.8)	
General hospital	9 (9.2)	
Number of beds		
≥ 1,000	61 (62.2)	
500~1,000	37 (37.8)	
Teaching hospital status		
Yes	45 (45.9)	
No	53 (54.1)	

M = Mean; SD = Standard deviation.