

Supplementary Table 1. Participants Characteristics

(N = 389)

Variables	Categories	Number (%)	Mean (SD)
Demographics			
Mother's age (yr)		-	33.30 (4.08)
Education level	High school	31 (8.0)	-
	Diploma	139 (35.7)	-
	Bachelor or graduate school	219 (56.3)	-
Number of children	First-born	199 (51.2)	-
	2 or more	190 (48.8)	-
Helper at home	Present	116 (29.8)	-
	Absent	273 (70.2)	-
Employment status	Employed	153 (39.3)	-
	Non-employed	236 (60.7)	-
Family income a month (10,000 won)		-	531.3 (326.2)
Childbirth characteristics			
Delivery type	Normal vaginal delivery	243 (62.5)	-
	Cesarean section	146 (37.5)	-
Gestational period <sup>†</sup>		-	38 <sup>+4</sup> (1 <sup>+4</sup> )
Baby sex	Male	173 (44.5)	-
	Female	216 (55.5)	-
Baby's birth weight (kg)		-	3.4 (1.7)

SD = Standard deviation.

<sup>†</sup>Unit = Week.