

Supplementary Table 3. Quality Assessment by the Cochrane Risk of Bias Evaluation Tool for Randomized Controlled Trial Studies

Authors	Items						
	1	2	3	4	5	6	7
Wiggenraad et al. [25]	L	U	H	H	L	L	L
Li et al. [29]	L	U	U	U	L	L	L
Browall et al. [35]	U	U	U	U	L	L	L
Albusoul et al. [36]	L	L	U	U	L	L	L

H = High risk; L = Low risk; U = Unclear risk.